At the North Shore
Neighbourhood House
we have a full time
Family Support Worker
available at no cost to young
parents 13-24 years of age
who are pregnant or
currently parenting.

For more information or to make a confidential appointment contact our Family Support Worker.

604-258-8539 nsnhfsw@nsnh.bc.ca

North Shore Neighbourhood House 1858 Sutherland Ave. North Vancouver, BC

Phone: 604.987.8138

Fax: 604.987.2107 www.nsnh.bc.ca

The North Shore Neighbourhood House is a not-for-profit registered charity serving the North Shore community since 1939.

We believe working together to meet the grassroots needs of our neighbours, especially our most vulnerable residents, is essential to building a safe, healthy and strong community.

The House values and promotes cooperation, respect and empowerment through the provision of programs and services designed to meet the needs of individuals and the community as a whole.

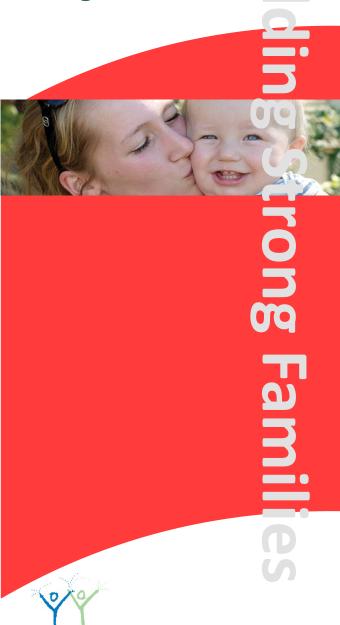
For more information on our programs and services for all ages, visit www.nsnh.bc.ca



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Young Parents
Program



Are you a young parent?

Do you need some help?

North Shore Neighbourhood House provides counseling and information about services supporting all options of pregnancy. We also offer support for whatever option is chosen.

If you are a parent seeking resources, we provide support, referrals and information on parenting issues and healthy child development.



Our Programs & Partnerships

One-to-One Support

Private and confidential support is available by appointment covering a variety of issues—from education or parenting skills to housing advocacy and childcare options.

Education & Career Planning

We can assist you in returning to school or finding employment.

We also offer child care and parenting support through our North Shore Neighbourhood House Mountainside Daycare at Mountainside Secondary Schoolwhile you finish high school.

Group Out Trips & Special Events

Young parents are invited to join occasional and seasonal trips and events with your peers and children. Please contact the Family Support Worker for more details.

We also offer

- Parent & Tot Drop In
- Family Resource Centre & JBCC
- Referrals to Food Bank & Low Cost Food Agencies
- Recreation programming for children and young parents (subsidies available)

Please check out our website at

www.nsnh.bc.ca

for more information on what the House has to offer.

